

## One Day Training Workshop

# Embracing the Inner 'Other' : Archetypes, Arts, Story-telling and the Body

Organised by



**Date:** July 27, 2011 (Wed)

**Time:** 9:30am - 5:30pm

**Venue:** Activity Room, 2/F, Cancer Centre,  
Queen Mary Hospital, 102 Pokfulam Road, HK

**Workshop fee:** \$900

**Conduct in English**



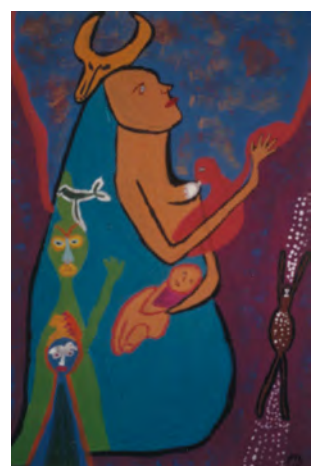
*"In the deepest sense, we all dream not of ourselves,  
but out of what lies between us and the other." - C.G. Jung*

Our first relationship to the self and others is through the body. As we are embraced by the mother's body, we become familiar with intimacy and ourselves. As this relationship develops, images, sound and word help us define and understand these interconnections on deeper levels. This challenging time on our planet also asks us to explore our inner "other," owning shadow material, engaging body wisdom, and developing compassion. Through Authentic Movement, visual art, drama, sandplay and poetry, we will explore what evokes and nourishes relationship, illuminating the power of creativity and community in this transformative process.

### Workshop Description

This workshop will invite participants to engage in an expressive arts approach, exploring the intersubjective relationship between the individual and the collective that Jung understood as the participation mystique. Through this experience we will discover what evokes and nourishes relationship, illuminating the power of creativity and the participation mystique in this transformative process. Beginning with storytelling evoked by sacred found objects, participants will investigate how images hold intrapsychic, interpersonal, and transpersonal meaning for the individual and for the group.

Participants, individually and through group interaction, will then apply these concepts in an experiential process integrating Authentic Movement, Visual Arts, and Poetry. A form of Jung's active imagination, Authentic Movement invites a descent into the body and psyche within a safe environment; an opportunity to bring awareness, expression, and form to the soul's deeper callings as they are expressed through natural movement.



\* "The training hours are recognized for the application for being a Registered Expressive Arts Therapist with the International Expressive Arts Therapy Association (IEATA) for competencies and/or course work."

**About  
the Trainers - Kate Donohue, Ph.D. REAT,**



Kate Donohue, Ph.D. REAT is a licensed psychologist and a registered expressive arts therapist (REAT). She holds a Ph.D. in Counseling Psychology and has maintained an active private practice for 33 years. She is a cofounder of the International Expressive Arts Therapy Association and a MCEP and CEU provider. She got the Shining Star Award presented by the IEATA in 2005 for her outstanding contributions to the expressive arts field.

The scope of her work includes a private psychotherapy practice with individuals, adolescents and couples. Additionally, she works in education and growth training, teaching a variety of classes and workshops to the general public, graduate students and other psychotherapy professionals. She also serves as a mentor to those already working in the field, providing supervision and continuing education credits to renew licensure. She has taught at workshops and conferences in the US and internationally and published in a variety of professional journals including Arts and Psychotherapy Journal, San Francisco Jung Library Journal, Encyclopedia of Creativity and Poiesis Journal.

Embracing the Inner 'Other': Archetypes, Arts, Story-telling and the Body Registration	
<b>Name:</b> (Chi)	(Eng)
<b>Contact:</b> (Mobile)	(Office)
<b>Email:</b>	<b>Fax:</b>
<b>Organization:</b>	<b>Profession:</b>
Hope to learn from this workshop (for speaker's reference)	
<b>Remarks:</b> <ol style="list-style-type: none"> <li>1. Fee does not include lunch.</li> <li>2. Payment is non-refundable unless it is fully booked. Refunds, if any, will be processed after the workshop.</li> </ol>	
<b>Payment Method:</b> <ol style="list-style-type: none"> <li>1. Please send the registration form with your cheque payable to 'Art in Hospital Limited' and post to:  <p style="margin-left: 40px;"><b>"Art in Hospital Limited"</b> Room 303, 3/F, 2 Harbour Road, Wanchai, Hong Kong</p> <p style="margin-left: 40px;">or deposit to <b>Bank of East Asia A/C No. 015-248-10-400550-3</b> and email/fax the bank receipt together with completed registration form via <a href="mailto:admin@aih.org.hk">admin@aih.org.hk</a> or fax 2519 2022.</p> </li> <li>2. If payment does not accompany with this form, your registration will not be processed.</li> <li>3. Registration confirmation via email will send to applicant 10 working days after payment and form received.</li> </ol>	

**For enquiry, please call 2824 5320 or email to [admin@aih.org.hk](mailto:admin@aih.org.hk)  
(One form for one applicant)**