

# Urban Shaman

ART AS SPIRITUAL  
PRACTICE CERTIFICATE

Exploring the Indigenous  
Roots of Expressive  
Arts Therapy

Feb 20-21, 2016

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REAT – International Faculty



One of the Grandmothers of Expressive Arts, Kate Donohue is a licensed psychologist, registered expressive arts therapist, and teacher at California Institute of Integral Studies, Institute for Transpersonal Psychology, JFK University and the San Francisco C. J. Jung Institute. Kate is a cofounder of the International Expressive Arts Therapy Association.

*I wish to live a life  
that causes my soul to  
dance inside my body.  
-dele olanubi*

Through honoring indigenous roots, expressive arts therapy strives to bring the healing power of the arts back into therapy, education, consultation and social justice work. In this course, we will explore the roots of expressive arts therapy by researching and experiencing cultural arts-based rituals and discovering how they can be used for modern-day healing.

- Receive guidance & teachings from five other experts
- Five 2-day weekends of experiential learning
- Five 1-Day Workshops of Application/Practice with Darlene Tataryn – Expressive Therapist and Zen Priest

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See website  
to register for the  
cohort and commit  
to a year-long  
program of study



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