



DEPARTMENT OF PSYCHOLOGY

CHRIST UNIVERSITY

IS ORGANIZING A TWO- DAY TRAINING WORKSHOP ON

INTRODUCTION TO EXPRESSIVE ARTS THERAPY

Date: June 11 & 12, 2014

Time: 9:00 am – 5:00 pm

Venue: Room 615, Floor 6 , Central Block, Christ University

Resource person: Dr. Kate T. Donohue

About the resource person



Dr. Kate T. Donohue, Ph.D. is a licensed psychologist, registered expressive arts therapist, international educator and trainer, as well as founding core faculty member of the CIIS, Expressive Arts Therapy Department. With her expressive arts compatriots, she helped establish the International Expressive Arts Therapy Association and has co-created their professional standards and ethics code. From In her thirty five years of writing, teaching, consultation and private practice in this field, Kate has created thirty a marriage between Jungian theory and expressive arts therapy. Kate's passion for culture, arts, spirituality and healing infuse her work and her personal life.

Description of the course

The psyche is revealed not only through words, but through images, symbols and the body. Expressive Arts reawaken the language of image, movement, sound, metaphor, drama and poetic utterances, revealing the deepest aspects of the self and expressing what often cannot be put into words. Drawing, painting, sculpture, movement, dance, sand play and ritual provide access to the client's inner world. Weaving art processes into clinical and counseling work greatly expands the capacity to articulate - with fullness and specificity - what lies buried within us, by using each modality as is called for in the unfolding process. As both therapist and client work with these healing multi-arts processes, the creative spirit is aroused and the therapeutic process itself is experienced as art.

The workshop will help integrate clinical and expressive arts theory and the experiential process with the arts and clinical applications. Participants will learn about:

- their own creative process
- the artist within themselves
- expressive arts trauma approaches
- applications to different psychic woundings
- applications to diverse cultural groups and individuals
- growth approaches to consulting and education
- how to begin to deepen and enliven their practice through the expressive arts

The hours are recognized for the application for being a REAT - Registered Expressive Arts Therapist and REACE - Registered Expressive Arts Consultant/Educator with the International Expressive Arts Therapy Association (IEATA).

For Registration details

<https://docs.google.com/a/christuniversity.in/forms/d/1IG5TsPbkPzOOqEZMgjG2dsB4ozNwHirLmj8S3GaCOMk/viewform>