

ADVANCED EXPRESSIVE ARTS THERAPY CERTIFICATE PROGRAM 2015~2016

An experiential exploration of the therapeutic use of the arts. This program is valuable to anyone wishing to integrate the arts into their personal or professional practice including school counsellors, resource teachers, clinicians, therapists, coaches, educators and artists. Students register for the certificate as a cohort. Individual weekends are available on a drop-in basis for professional development. Credits are registered with the University of Winnipeg Post Baccalaureate Program in Education and the Province of Manitoba Counselling and Special Education Certification Programs.

Advanced Expressive Arts Therapy (AEAT)
6-credit hour course includes the following
five weekend workshops (10am-5pm)

Working with Symbols in EAT

Dec 12-13, 2015

**Dream Weaver: A Jungian Approach
to Symbol and Expressive Arts Therapy**

Kate Donahue, Ph.D., REAT

EAT with Children and Adolescents

Jan 9-10, 2016

**Blooming like a Flower:
Honouring and Protecting Inner Essence**

Darci Adam, MA, MEd, RCAT, CCC, REAT

Exploring Indigenous Knowledge through Art

Feb 6-7, 2016

Spirit Mending

Leah Fontaine, MA Native Studies,
Dakota Anishinaabe Metis Artist

Self Care through the Arts

March 5-6, 2016

Soul Jam Collective:

Meaning, Movement, Mantras and Meditation

Christine Ciona, MA Creative Arts Therapy, CCC,
Joy Guru and Drama Therapist

Symbols in Theatre and Storytelling

April 16-17, 2016

Personal Narrative through Object Theatre

Mia van Leeuwen, MFA Theatre,
Artistic Director out of line theatre co-op

The Advanced Expressive Arts Therapy Certificate consists of the 6-credit hour AEAT course plus the 3-credit hour Practicum Skills course as described here.

Recommended Cohort Prerequisite:

WHEAT Introductory Expressive Arts Therapy Certificate.

Individual weekend workshops may be attended for professional development.

Courses offered through the WHEAT Institute combined with a supervised practicum can be used towards registration with the International Art Therapy Association (IEATA). If you are interested to learn more about becoming either a Registered Expressive Arts Consultant/Educator or a Registered Expressive Arts Therapist please contact our Practicum Coordinator, Tanissa for details.

Eligible as a 6-credit hour Post Baccalaureate course at the University of Winnipeg and as an elective with the Province of Manitoba Counselling and Special Education Certificate Programs. The WHEAT Advanced Course and Practicum Skills Classes can be added to make a 15 credit hour EAT specialization at the University of Winnipeg.

**For more information about professional registration
please visit www.ieata.org**

Courses are eligible for Continuing Education Credits with CCPA.

COSTS:

AEAT & Practicum Skills (9 credit hours)

\$2975 Total Tuition

\$2875 with early bird discount by September 30, 2015

\$100 deposit payable by September 30, 2015

\$1600 payable October 31, 2015

Balance payable January 9, 2016

Individual weekend course drop-in: \$395

**Practicum Skills 3-credit hour course includes five
1-day workshops (10am-5pm) to share case studies
and practice individual and group counseling skills
and techniques using expressive arts:**

Dec 5, 2015; Jan 23, Feb 27, March 12, April 23, 2016

REGISTRATION:

For registration information on the AEAT Certificate or for any individual workshop please contact Darci for details at:

info@wheatinstitute.com

Registration forms can be completed at:

www.wheatinstitute.com

CANCELLATION POLICY:

For drop-in weekend registrations, refunds available minus a \$100 cancellation fee. No refunds one week prior to the event. Full registration may be transferred to another participant at that time. Under exceptional circumstances weekend workshops for cohort participants may be postponed until the following year.

“ Weaving art processes into clinical and counseling work greatly expands the capacity to articulate—with fullness and specificity—what lies buried within us, by using each modality as it is called for in the unfolding process. As both therapist and client work with these healing multi-arts processes, the creative spirit is aroused and the therapeutic process itself is experienced as art. ” ~ Kate Donahue

Darci Adam, MA, MEd, RCAT, REAT, CCC – Director

Darci Adam, founder of the WHEAT Institute, is a certified and registered art and expressive arts therapist. She has worked in public education as both a teacher and a school counsellor at all levels, from elementary to post-secondary. She is a sessional instructor at the University of Winnipeg and a practicum supervisor in Educational Psychology at the University of Manitoba. Sharing the healing power of the arts on the Canadian plains is a dream come true.



Tanissa Martindale – Practicum Coordinator

Tanissa Martindale is the Practicum Coordinator for the WHEAT Institute. She comes with a background in health and wellness (B.Kinesiology) and peacebuilding (MA Conflict Resolution). Over the years, she has led projects across North America and overseas, with a focus on encouraging individuals and communities to address problems in creative and transformative ways. Most recently, she has completed an advanced diploma in art therapy from the Vancouver Art Therapy Institute. Tanissa strongly believes in the value of creative expression for healing, personal development and social change, and is delighted to be joining the team at WHEAT.



Kate Donohue, Ph.D., REAT – International Faculty

One of the Grandmothers of expressive arts, Kate Donohue is a licensed psychologist, registered expressive arts therapist, and teacher at California Institute of Integral Studies, Institute for Transpersonal Psychology, JFK University and the San Francisco C. J. Jung Institute. Kate is a cofounder of the International Expressive Arts Therapy Association. Passionate about the arts she has spent 18 years studying indigenous and ethnic dance forms, in particular West African and Afro-Cuban Dance.



MASTER THE HEALING POWER OF THE ARTS IN A BEAUTIFUL, TRANQUIL URBAN WILDERNESS

WHEAT Institute is located at the St. Norbert Arts Centre, historic spiritual site of both a Trappist Monastery and Indigenous Ceremonial grounds

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WINNIPEG HOLISTIC
EXPRESSIVE ARTS
THERAPY INSTITUTE

ADVANCED EXPRESSIVE
ARTS THERAPY
CERTIFICATE PROGRAM
2015~2016

tools for using
the arts in
therapy, school
counselling
and community
development

“The world of reality has its limits; the world of imagination is boundless.”

~ Jean Jaques Rousseau